



Due to seasonality of fresh produce, this menu may vary slightly at each location. Check with your local SOUPER SALAD® for the menu items of the day

September 2019 Menu

	Monday 9/9	TUESDAY 9/10	WEDNESDAY 9/11	THURSDAY 9/12	FRIDAY 9/13	SATURDAY 9/14	SUNDAY 9/15	Prepared Salads
soup 1	Spicy Meatball	Spicy Meatball	Spicy Meatball	Adobe Rice & Chicken	Adobe Rice & Chicken	Adobe Rice & Chicken	Adobe Rice & Chicken	Loaded Potato Salad Gazpacho My Bowtie is Sundried Spicy Asian Slaw Tuna Skroodle Fettuccine
soup 2	Sesame Ginger Beef	Sesame Ginger Beef	Sesame Ginger Beef	Sesame Ginger Beef	Sesame Ginger Beef	Sesame Ginger Beef	Sesame Ginger Beef	
soup 3	Broccoli Cheese	Mama Mia Chicken	Chicken Enchilada	Red Beans & Rice	Clam Chowder	Chicken Noodle	Chicken Noodle	
soup 4	Vegetable Soup	Vegetable Soup	Vegetable Soup	Vegetable Soup	Vegetable Soup	Vegetable Soup	Vegetable Soup	
								Tossed Salad
								Asian Twist Salad
								Featured Pizza
								Thai Pizza
	MONDAY 9/16	TUESDAY 9/17	WEDNESDAY 9/18	THURSDAY 9/19	FRIDAY 9/20	SATURDAY 9/21	SUNDAY 9/22	Prepared Salads
soup 1	Vegetable Lentil	Vegetable Lentil	Vegetable Lentil	Minestrone	Minestrone	Minestrone	Minestrone	Red Potato Salad Cucu Onion Ham & Cheese Mac Asian Peanut Noodle Tuna Skroodle Fettuccine
soup 2	Hot & Sour Chicken	Hot & Sour Chicken	Hot & Sour Chicken	Hot & Sour Chicken	Hot & Sour Chicken	Hot & Sour Chicken	Hot & Sour Chicken	
soup 3	Broccoli Cheese	Mama Mia Chicken	Chicken Enchilada	Red Beans & Rice	Clam Chowder	Chicken Noodle	Chicken Noodle	
soup 4	Vegetable Beef	Vegetable Beef	Vegetable Beef	Vegetable Beef	Vegetable Beef	Vegetable Beef	Vegetable Beef	
								Tossed Salad
								Asian Twist Salad
								Featured Pizza
								Thai Pizza
	MONDAY 9/23	TUESDAY 9/24	WEDNESDAY 9/25	THURSDAY 9/26	FRIDAY 9/27	SATURDAY 9/28	SUNDAY 9/29	Prepared Salads
soup 1	Santa Fe Chicken	Santa Fe Chicken	Santa Fe Chicken	Lemon Chicken	Lemon Chicken	Lemon Chicken	Lemon Chicken	Sun Kissed Potato Salad Marinated Mushrooms Apple Waldorf Spicy Asian Slaw Tuna Skroodle Fettuccine
soup 2	Sesame Ginger Beef	Sesame Ginger Beef	Sesame Ginger Beef	Sesame Ginger Beef	Sesame Ginger Beef	Sesame Ginger Beef	Sesame Ginger Beef	
soup 3	Broccoli Cheese	Mama Mia Chicken	Chicken Enchilada	Red Beans & Rice	Clam Chowder	Chicken Noodle	Chicken Noodle	
soup 4	Vegetable Soup	Vegetable Soup	Vegetable Soup	Vegetable Soup	Vegetable Soup	Vegetable Soup	Vegetable Soup	
								Tossed Salad
								Asian Twist Salad
								Featured Pizza
								Thai Pizza
	MONDAY 9/30	TUESDAY 10/1	WEDNESDAY 10/2	THURSDAY 10/3	FRIDAY 10/4	SATURDAY 10/5	SUNDAY 10/6	Prepared Salads
soup 1	Veg. Butter Bean	Veg. Butter Bean	Veg. Butter Bean	Veg. Black Bean	Veg. Black Bean	Veg. Black Bean	Veg. Black Bean	Mustard Potato Salad Italian Mac Lemonoro Pomodoro Asian Peanut Noodle Tuna Skroodle Fettuccine
soup 2	Hot & Sour Chicken	Hot & Sour Chicken	Hot & Sour Chicken	Hot & Sour Chicken	Hot & Sour Chicken	Hot & Sour Chicken	Hot & Sour Chicken	
soup 3	Broccoli Cheese	Broccoli Cheese	Chicken Enchilada	Red Beans & Rice	Clam Chowder	Chicken Noodle	Chicken Noodle	
soup 4	Vegetable Beef	Vegetable Beef	Vegetable Beef	Vegetable Beef	Vegetable Beef	Vegetable Beef	Vegetable Beef	
								Tossed Salad
								Asian Twist Salad
								Featured Pizza
								Thai Pizza
	MONDAY 10/7	TUESDAY 10/8	WEDNESDAY 10/9	THURSDAY 10/10	FRIDAY 10/11	SATURDAY 10/12	SUNDAY 10/13	Prepared Salads
soup 1	Southwest Chicken	Southwest Chicken	Southwest Chicken	Brazen Mushroom	Brazen Mushroom	Brazen Mushroom	Brazen Mushroom	Loaded Potato Salad Pasta de Garden Gazpacho Spicy Asian Slaw Tuna Skroodle Fettuccine
soup 2	Sesame Ginger Beef	Sesame Ginger Beef	Sesame Ginger Beef	Sesame Ginger Beef	Sesame Ginger Beef	Sesame Ginger Beef	Sesame Ginger Beef	
soup 3	Broccoli Cheese	Mama Mia Chicken	Chicken Enchilada	Red Beans & Rice	Clam Chowder	Chicken Noodle	Chicken Noodle	
soup 4	Vegetable Soup	Vegetable Soup	Vegetable Soup	Vegetable Soup	Vegetable Soup	Vegetable Soup	Vegetable Soup	
								Tossed Salad
								Asian Twist Salad
								Featured Pizza
								Thai Pizza